

Brooke Osborn

EDUCATION

Doctor of Philosophy in Psychology and Counseling (2015), New Orleans Baptist Theological Seminary, New Orleans, LA

Master of Theology in Psychology and Counseling (2012), New Orleans Baptist Theological Seminary, New Orleans, LA

Master of Arts in Marriage and Family Counseling (2010), New Orleans Baptist Theological Seminary, New Orleans, LA

Bachelor of Arts (2005), University of Alabama, Tuscaloosa, AL

TEACHING EXPERIENCE

Associate Professor of Psychology and Counseling, Leavell College/New Orleans Baptist Theological Seminary, New Orleans, LA 2016-Present

Develop, modify, and teach courses in the area of psychology and counseling, including:

Undergraduate:

Introduction to Counseling

Abnormal Psychology

Theological Implications for Mental Illness

Complex Developmental Trauma

Psychology of Religion

Contemporary Approaches to M/F Counseling

Child Psychology

Marriage and Family Issues

Social Problems

Ministry through Life Crises

Organizational Psychology

Adolescent Psychology

Health Psychology

Graduate:

Scientific Research and Program Evaluation

Trauma: Theories and Therapies

Childhood Disorders and Therapies

Human Sexuality

Group Counseling

Human Development

Doctoral:

Advanced Quantitative Statistics

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Online Course Developer, North Greenville University, Tigerville, SC 2014-2016

Developed the following online courses:

Marriage and Family

Psychology of Aging

Grief and Loss

Adjunct Faculty, Leavell College/New Orleans Baptist Theological Seminary, New Orleans, LA 2012-2016

Assumed the primary role for the grading, teaching, and modification or development of undergraduate psychology and counseling courses.

Teaching Assistant, New Orleans Baptist Theological Seminary, New Orleans, LA
2013-2015

Assisted Dr. Kristyn Carver, Professor of Psychology and Counseling, with the grading and teaching of the following graduate-level courses: Ethical, Legal, and Professional Issues in Counseling and Techniques and Skills in Counseling, as well as the following undergraduate-level course: Marriage and Family Issues.

Teaching Assistant, New Orleans Baptist Theological Seminary, New Orleans, LA
2011-2012

Assisted Mr. Derek Brown, Adjunct Faculty Member, in the grading and teaching of the following graduate-level courses: Structural and Strategic Approaches to Marriage and Family Counseling, Chemical Dependency, Human Sexuality, Group Counseling, Human Development, Clinical Marriage and Family Assessment, The Bible and the Professional Counselor, and Childhood Disorders: Theories and Therapies.

Elementary Music Teacher, Calvary Baptist School, New Orleans, LA 2008-2009

Taught weekly choral music classes for K-8th grade and directed school musicals.

Elementary Music Teacher, Myrtlewood Elementary School, Fosters, AL 2006

Taught weekly music classes to K-5th grade including choral music, recorders, and handbells.

Elementary Music Teacher, Cottondale Elementary School, Cottondale, AL
2005-2006

Taught weekly music classes to K-5th grade including choral music, recorders, and handbells.

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COUNSELING & SUPERVISION EXPERIENCE

Associate Director of Clinical Training, New Orleans Baptist Theological Seminary,
New Orleans, LA 2014-2016

Provided individual and group supervision to graduate-level counseling students. Oversaw the operation of the Leeke Magee Christian Counseling Center. The Leeke Magee Christian Counseling Center is a ministry of New Orleans Baptist Theological Seminary, in which graduate-level counseling students fulfill their practicum requirements by providing mental health services to the greater New Orleans community.

Licensed Professional Counselor/Licensed Marriage and Family Therapist, I Found Hope Counseling Services, Kenner LA 2013-2019

Provide individual, marriage, and family counseling in a private practice setting.

Licensed Professional Counselor, Celebration Hope Center, Metairie, LA 2013-2014

Provided individual, marriage, family, and group counseling along with individual supervision of student interns in a faith-based, non-profit organization.

Counselor Intern, Audubon Counseling Services, Metairie, LA 2011-2013

Provided individual, marriage, and family counseling in a private practice setting.

Counselor Intern, Celebration Hope Center, Metairie, LA 2011-2013

Provided individual, marriage, family, and group counseling along with individual supervision of student interns in a faith-based, non-profit organization.

Student Intern, Celebration Hope Center, Metairie, LA 2010

Provided individual, marriage, family, and group counseling in a faith-based, non-profit organization under the supervision of the clinical director.

Practicum Student, The Gathering, Chalmette, LA 2009-2010

Provided individual, marriage, and family counseling in a faith-based, agency setting under the supervision of a licensed professional counselor.

TRAINING & CREDENTIALS

Licensed Professional Counselor/Supervisor #4925 (Louisiana)

Licensed Marriage and Family Therapist #1217 (Louisiana)

Interactive Metronome Certified Provider

Circle of Security Parenting Facilitator

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Trust-Based Relational Intervention (TBRI) Practitioner

Completed Gottman Level 1: Bridging the Couple Chasm Training & Level 2: Assessment, Interventions, and Co-Morbidities

Triple P (Positive Parenting Program) Levels 4 & 5

Certified PICK (Premarital Interpersonal Choices & Knowledge) Instructor

Completed a 3-day training in Trauma-Focused Cognitive-Behavioral Therapy for Children & Adolescents by Dr. Pattie van Eyes, plus an additional 10 hour web-based course through the Medical University of South Carolina

Authorized Facilitator for Darkness to Light, a research-based sexual abuse prevention program for adults

Completed Botvin Lifeskills Middle School Facilitator Training

Completed Eye Movement Desensitization Reprocessing (EMDR) Basic Training

Completed 12-hour training in order to teach the Preparation & Relationship Enhancement Program (PREP)

Certified Prepare/Enrich Premarital/Marital Counselor

PROFESSIONAL PRESENTATIONS

“Complex Developmental Trauma: Healing Past Wounds.” North Greenville University Annual Lecture in Psychology. April 5, 2022.

“Be Nice or Leave: The Role of Empathy in Addressing Issues with Social Status and Bullying in Adolescents.” Christian Association of Psychological Studies Virtual Conference. March 19, 2022.

“Complex Developmental Trauma: Establishing Safety for Children of Chronic Stress.” Christian Association of Psychological Studies Virtual Conference. March 19, 2022.

“Early Childhood Interrupted: Establishing Safety for Children of Chronic Stress,” American Professional Society on the Abuse of Children Annual Colloquium, June 2018, New Orleans, LA.

“Childhood Chronic Stress and Emotional Regulation: Factors, Impact, and Helping Strategies,” American Association of Christian Counselors World Conference, September 2017, Nashville, TN.

Co-Presenter with Dr. Stephen Greggo, “Assessment in Supervision: Formative Measures to Shape Counselor Identity,” Christian Association of Psychological Studies International Conference, March 2017, Chicago, IL.

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"Trauma Informed Approaches to Working with Foster and Adoptive Children," American Professional Society on the Abuse of Children Annual Colloquium, June 2016, New Orleans, LA.

"A Family Systems Approach to Working with Trauma," Louisiana Association of Marriage and Family Therapy Annual Conference, February 2016, New Orleans, LA.

"To Report or Not Report: The Role of Pastors and Practitioners in Mandatory Reporting." Equipped to Care Foster Care/Adoption Conference, New Orleans Baptist Theological Seminary, November 2015, New Orleans, LA.

Co-Presenter with Dr. Donna Peavey, "Early Childhood Interrupted." Equipped to Care Foster Care/Adoption Conference, New Orleans Baptist Theological Seminary, November 2015, New Orleans, LA.

"The Strongest Link: Working with Parents of Traumatized Children." Poster Symposium for the American Association of Christian Counselors World Conference, September 2013, Nashville, TN.

"Effective Approaches to Working with Families: The Triple P Model." New Orleans Child Advocacy Center Care Session, March 2013, New Orleans, LA.

PUBLICATIONS

Co-Author with Karen Roudkovski. *Crisis Counseling*. B & H Academic. June 2025.

Co-Author with Stephen Greggo and Tailor Kappers. "Assessment in Supervision: Formative Measures to Shape Counselor Identity." *Journal for Psychology and Christianity*. Vol. 41, No. 2. Summer 2021.

Co-Author with Ian Jones. "Evaluating Student Competence: The Christian Counseling Supervision Instrument (CCSI)." *Journal of Psychology and Christianity*. Vol 39, No. 3. 214-228, Fall 2020.

Co-Author with Lorien Fleener. "In Our Midst: The Work of the Holy Spirit in Crisis and Trauma Counseling." *Transformation*. Vol. 12, No. 2. 4-5, 2019.

Co-Author with Lorien Fleener. "Counseling and the Great Commission." *Engage: Tools for Contemporary Evangelism*, 2019.

"Dealing with Control Issues " *Transformation*, Vol. 9, No. 4. 1-3, 2016.

"Knowing When to Say When," *Parenting Teens*, Volume 38, No. 11. 10-13, 2016.

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“The Pursuit of Excellence without the Loss of Identity,” *Transformation*, Vol. 7, No. 4. 4-6, 2014.

PROFESSIONAL MEMBERSHIPS

American Association of Marriage and Family Therapy (AAMFT)

Christian Association of Psychological Studies (CAPS)